

OIL OVER ACRYLIC—Suggested Supply List—2009

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ACRYLIC SUPPLIES

COLORS: Although it is not necessary for you to have the same colors that I use, I normally use the following Golden Fluid Acrylics:

Nickel Azo Yellow
Pyrrole Orange

Quinacridone Magenta
Pyrrole Red Light

Permanent Violet Dark
Dioxazine Purple

Anthraquinone Blue
Turquoise (Phthalo)

- Small round brush—I use a bamboo Sumi brush (Royal B 2)
- 1" or ¾" (or even wider if you like) flat "aquarelle" brush
- LARGE water container
- Spray bottle—I use eyeglasses cleaner spray bottles for their fine mist spray
- Old towel, bath size or larger
- Paper plates to use as palettes

OILS, WATER-SOLUBLE/WATER-MIXABLE OILS or ALKYD OILS SUPPLIES

Bring your usual oil painting supplies—here are mine:

COLORS: Here is a list of "standard" colors that provide a balanced palette. *These are not necessarily exactly what I will be using.* This is a *SUGGESTED* list only—please use your own favorites! If you do want to know exactly which brands and approximate color equivalents I use, please refer to the supplementary list which is on page 2.

Titanium White

Lemon Yellow

Indian Yellow

Raw Sienna

Cadmium Yellow, Deep

Permanent Rose

Cadmium Red Light

Magenta

Purple Lake

Prussian Blue

Ultramarine or Cobalt Blue

Cerulean Blue

Dioxazine Purple

Cobalt Green

Prussian Green

BRUSHES—bring your favorites—these are mine:

- Currently, my favorite brushes are Winsor Newton Monarch "flats" and "brights" in a variety of sizes. Monarch brushes are sized differently from bristle brushes, the largest being #14, which is about ½" wide. Monarch brushes also come in a 16 and an 18 but may be harder to find and those larger sizes aren't necessary for this workshop.

SUPPORT

- I suggest that you use stretched canvas, archival canvas board or gessoed hardboard. 16x20 is probably the largest size comfortable in a workshop setting.

MISCELLANEOUS MATERIALS AND EQUIPMENT

- Odorless mineral spirits (if you use water mixable oils, plain water is OK though I still prefer mineral spirits)
- Two containers for the mineral spirits—I use a Silicoil Tank or a 10 oz. sealable pot for use while painting and an 18 oz. plastic peanut butter jar for the used spirits
- Palette—I use a disposable paper palette pad placed in a Masterson plastic palette
- Palette/painting knives: I use two trowel type knives, one about 1" long and one about 3" long
- Apron
- White facial tissues and/or rags
- Disposable latex gloves—OPTIONAL
- Sketch book, 6x8 is fine—along with pencils and sharpener

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SUPPLEMENTARY LIST OF COLORS

I'm currently using Holbein DUO Aqua Oils exclusively (with one exception which is noted). I will be using:

Titanium White
Monochrome 2/Grey of Grey
Naples Yellow or Naples Yellow Light
Light Yellow
Yellow
Marigold/Indian Yellow
Caramel/Brown Pink
Jaune Brillant
Imidazolone Orange
Coral Red
Purple Lake (Winsor Newton Griffin Alkyd)
Light Magenta
Rose Violet (similar to Magenta)
Cobalt Violet
Mauve
Lilac
Dioxazine Violet
Lavender
Prussian Blue
Cerulean Blue Hue
Cobalt Green Light or Deep
Leaf Green

Holbein has recently discontinued some of my favorite colors. I have tried to list here reasonable substitutions and only colors that are available as of this writing, October 2008.

Yes—you can use water mixable oils along with your regular oils. HK Holbein Inc. states: “Basically no restrictions except traditional oil color should not be blended to a proportion of more than 30% if tools are to be cleaned up with water.” Since I use mineral spirits, I don't have to worry.

I also think it's important to note that I never use ALL of these colors in one painting.